

International Language & Culture Programs *Designed for Teens*



## Immersion Programs for Teens

For more information please visit: [www.teensabroad.com](http://www.teensabroad.com)

NRCSA is a proud member of:



**National Registration Center for Study Abroad**  
PO Box 1393 Milwaukee, Wisconsin 53201 USA  
Tel: (414) 278-0631 Email: [study@nrcca.com](mailto:study@nrcca.com)

## Top 7 Reasons for Teens to Study Abroad with NRCSA

**#7 Be a world traveler!** Studying abroad offers you the opportunity to experience life in another city and country other than your own. Plus, many programs include fieldtrips and travel to a variety of sites of interest outside the host city.

**#6 Learn the foreign language much faster than you would at home!** Being constantly surrounded by native speakers of the language, on average, allows students to learn, on average, about as much in 4 to 8 WEEKS in the foreign country as they do in one or two SEMESTERS of study in their home country.

**#5 Meet other high school students from around the world!** All NRCSA programs are multi-national and accept students from around the world. Many locations welcome students from as many as 20-30 countries each year!

**#4 Join a program doing things you like best!** Do you like soccer? Beach volleyball? Horseback riding? Are you into music, art, cooking, or dancing? Many teen programs offer the opportunity for students to get involved with a number of different areas of interest in addition to the study of the local language and culture.

**#3 Live with someone else's family for awhile!** It's always great to be a guest in someone's home... and experience another mom's great cooking! Many programs abroad offer students a chance to live with a "host family". Request a family with other teens your age, and the possibilities for a great time are endless. Alternatively, some teen programs offer student residence lodging (similar to a university dorm – but for high school students) instead of a homestay.

**#2 It's never too early to start building your resume!**

Applying for a job isn't the only time a diverse resume comes in handy. When you are applying to universities and colleges, any experiences that make you unique increase your chances of being accepted. Participating in school government and clubs, sports, volunteer work, and all types of international experiences all look great on your application form... and the more you've done when it comes time to apply, the better.

**#1 You don't have to spend the summer bored, or worse, in a summer school math class!**

This summer, do something different, get ahead in school, and have an awesome time!

## Why Send Your Son or Daughter to Study Abroad with NRCSA?

*NRCSA is one of the most experienced and longest operating private US providers of foreign immersion language & culture training for teens.*

- Since 1968, NRCSA has provided language, culture and recreational programs to over 25,000 teens at 40 approved centers worldwide.
- NRCSA provides a level of service, program customization, expertise, and overall results not available through other sources of foreign language and culture training.
- NRCSA staff have visited and evaluated thousands of language schools offering teen and other language and culture programs around the world, and only utilize those we consider the best based on our evaluative methods. Program quality and participant satisfaction are of vital importance to NRCSA and our consortium schools.
- Over 500 US and Canadian high schools and universities currently have formal programs with NRCSA and its consortium schools. Teachers from over 800 school districts, staff from approximately 1,400 corporations, and personnel from over 75 US government and nongovernmental organizations have attended NRCSA programs.
- We appreciate that different people have different priorities when studying abroad, and we look forward to assisting you and your son or daughter in achieving your shared objectives.

# TEENSABROAD.COM

## NRCSA IN THE MEDIA

*"Placing people in programs suited to their special interests is the aim of the National Registration Center for Study Abroad."*

- The New York Times

*"Vacations involving language study allow travelers to immerse themselves in a culture in a way that a traditional vacation may not... The National Registration Center for Study Abroad can help you choose a language program that is right for you."*

- San Francisco Examiner

*"But the beauty part of (NRCSA) is that it shines light on things the average American traveler would be unlikely to learn about any other way."*

- Boston Globe



## Supervised Teen Study Program in Tarragona, Spain

**For Ages: 13 - 17 years old**  
**Absolute Beginner to Advanced Spanish**  
**Supervised Program**

The Teen Summer Program in Tarragona has been designed specifically for teen aged students looking to learn Spanish as a foreign language, while enjoying a beautiful coastal city. Students can expect quality teaching, as all of the teachers have been trained in dealing with teenagers, are native Spanish speakers, and have demonstrated an ability to effectively communicate with students in the class.

Students attending the program will study Spanish 15 hours per week from 10.00 to 13.30(1:30PM) in a small group environment. Each class has a maximum of 12 students. In the afternoons and evenings students participate in a full social program. The main objective of the program is to improve students communicative skills.

The course is designed to ensure that students enjoy their Spanish classes as much as they enjoy the rest of the course program. Classroom activities are therefore varied and where possible involve tasks or games that make the learning process interesting and fun.

The aim of the course is to develop the students' language skills in all areas, but there is an added emphasis on developing communicative skills. To facilitate this goal students participate in a lot of practical activities that involve a great deal of interaction. Students from around the world attend the program making it easier to ensure that only Spanish is used in the classroom and during activities.

To better enable the students to get the most out of their visits to places of interest in and around Tarragona; part of the class time is devoted to project work focused on the social activities.

### Day-At-A-Glance

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 1	Orientation walk around Tarragona and welcome party	Sports/crafts afternoon	Visit to the Cathedral	Talk and Film afternoon	Free afternoon for shopping	Full-day excursion to Barcelona	Day with the host family
Week 2	Games and sports on the beach	Theme party	Afternoon in Reus	Treasure Hunt	Free afternoon for shopping	Full-day excursion to Port Aventura	Day with the host family
Week 3	Afternoon at the water theme park	Talk and Film afternoon	Visit to the local archaeological museum	Sports and/or crafts afternoon	Free afternoon for shopping	Full-day excursion to the mountains with adventure sports	Day with the host family
Week 4	Games and sports on the beach	Visit to the Roman ruins and the old city wall	Local excursion to Loreto	Free afternoon for shopping	Farewell Party	Departure	

**Quick Facts**  
**Start:** June and August  
**Age:** 13-17  
**Cost:** \$ 2,095  
**Num. Weeks:** 2 - 6  
**Level:** Beginner to Advanced  
 Excellent Social/ Culture programs - easy to meet other students if you participate.  
 Accommodating administration - student friendly.  
 Excursions and field trips included in Teen Program.

### Accommodations - Homestay with a Spanish Family

All host families are carefully selected and provide each student they host with a full range of accommodation services. These services including three meals per day and Laundry. Students with dietary restrictions or any other special needs are requested to make these known in advance. The majority of host families live in flats, almost all with balconies and some with terraces, and most have teenage children. Lunch is normally eaten at about 14.00(2:00PM), and dinner at about 20.30-21.00(8:30-9:00PM).

Some of the host families live within walking distance of the school. However, in many cases it will be necessary for the students to take a bus from their family to the school. A 30-day student bus pass, which allows four journeys per day, is included in the course fee.

Students must comply with a curfew of 23.30(11:30PM) from Sunday to Thursday, and 01:30 on Friday and Saturday.

### Accommodations - Student Residence

The student residence is located in the city centre, less than 15 minutes walk from the school. The residence, which provides accommodation throughout the academic year to students from the University of Tarragona, was opened in 1998 and is very well maintained.

Students will stay in a spacious double or triple room with sheets and towels provided. Rooms with private bathrooms are also available for group leaders. The bedrooms are equipped with wardrobes, writing desks and chairs, desk lamps, bookcases and mirrors. Accommodation includes all meals.

Facilities that are available free to students include a TV lounge, a computer room, separate study rooms, and a gymnasium. Washing machines are also available for a small charge. Students are provided with a key to their room only. There is a 24-hour reception service.

### Included in the Program

- 3 hours of Spanish classes per day in multinational groups of up to 12 students.
- Student residence accommodation in double rooms and full board (3 meals daily with packed lunches on weekdays and excursions). Or Homestay, double rooms and 3 meals.
- Full Social Program (see below for details).
- All teaching materials, tests and certificates.
- Free internet and e-mail access.
- Arrival and departure transfers from the Barcelona airport. Arrival on Sunday and departure on Saturday.
- Local bus pass.
- NRCSA Emergency insurance (during dates in the foreign country):
  - Accident insurance up to \$10,000
  - Emergency medical evacuation up to \$25,000
  - Emergency reunion up to \$5,000
  - Repatriation up to \$7,500
  - Life insurance up to \$5,000
  - 24 Hour emergency worldwide multi-lingual telephone assistance



### 2009 Start Dates

- 2 to 6 weeks: June 29
- 2 to 5 weeks: July 6
- 2 to 4 weeks: July 13
- 2 to 3 weeks: July 20
- 2 weeks: July 2

### 2009 Program Fees - Homestay

- 2 weeks: \$ 2,095
- 3 weeks: \$ 2,895
- 4 weeks: \$ 3,595
- 5 weeks: \$ 4,395
- 6 weeks: \$ 5,195

### 2009 Program Fees - Residence

- 2 weeks: \$ 2,295
- 3 weeks: \$ 3,195
- 4 weeks: \$ 4,095
- 5 weeks: \$ 4,995
- 6 weeks: \$ 5,895

### Tarragona, Spain - City Info

The Junior Summer Program takes place in Tarragona, a pleasant coastal resort city approximately 100 km south of Barcelona (86 km from the airport). Tarragona is a provincial capital and has a population of around 115,000. It is situated on the Costa Dorada and is an ideal location for a teen program of this kind.

The town is lively, but not too big. It has its own sandy beaches within walking distance of the school, it is very close to Port Aventura, one of Europe's largest theme parks and it is only an hour from Barcelona by bus or train.

The cuisine of Tarragona has a distinctive flavor, and primarily consists of seafood dishes blended with local agricultural products, such as olive oil, hazelnuts, almonds, sweet peppers, onions, garlic, tomatoes, etc. Restaurants are plentiful in the city center, the fishing district of El Serrallo, and along the nearby seafronts.



**TeensAbroad.com by NRCSA**

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**Tel:** (202) 338-5927 **Fax:** (414) 271-8884 **E-Mail:** [study@teensabroad.com](mailto:study@teensabroad.com)

## Program Fast Facts

### Arrival Date:

Students can arrive any time on the arrival day listed on their invoice - this day is usually the Sunday before the first day of class. If you will need to arrive earlier, please advise your program coordinator as early as possible. Additional nights of lodging and insurance, if any, will be at an additional cost.

More information about the arrival day, arrival transfer procedure, etc will be sent prior to departure.

### Departure Date:

Lodging typically ends the Saturday after the last day of class. If you will need to depart later, please advise as early as possible. Additional nights will be at an additional cost.

### Travel Documents:

- o Valid Passport
- o A minor (under 18 years old) traveling alone must carry notarized permission signed by both parents. In the event of death, divorce or non-marital status, substantiating and notarized documentation must be carried, (i.e. Death Certificate, divorce decree, legal guardianship, etc.), with the legal guardian signing the notarized permission.

### Airline Ticket:

Two resources for discounted student air tickets are:

- Exito Travel: 800-655-4053
- Student Travel Association: 800-781-4040

### Orientation - First day of Class:

On Monday morning, the first day of classes, students will all attend an orientation session. At the orientation, students will take a tour of the campus and learn more about the resources of the NRCSA Center and city, go over schedules and procedures, meet all the staff, take language placement exam to determine class placement, and do activities to help build a sense of community within the student body and help students to get to know each other. Since the first week in a foreign country is always the biggest adjustment, it is best that all students arrive in the foreign country in time to be able to attend the orientation and first day of classes - late arrivals are not recommended.

### Curfew:

Students must respect their curfew, additional information to follow before departure. The curfew in Tarragona is 11:30pm Sun-Fri, 1:30am on Saturday.

### Smoking & Alcohol:

Under Spanish law it is forbidden to sell alcoholic beverages and cigarettes to persons under 18 and so smoking and drinking alcohol are not permitted on this program.

### Parental Permission:

This form must be carried with the student as part of his/her traveling papers. BOTH PARENTS MUST SIGN. If through death, divorce or non-marital status there is only one parent, a substantiating document must be carried (i.e. Death Certificate, legal guardianship, or divorce papers).

### Pocket Money:

Students should bring with them (via traveler's checks or ATM card for bank withdrawals) an allowance for personal expenses, local transportation, shopping and other miscellaneous expenses. The teen programs include 3 meals per day. This means additional money for food specifically is not needed, unless students want to buy snacks, bottled water while on an excursion, etc. Parents are free to give their children any amount of money they consider appropriate, as a guideline, \$75-100 USD per week is recommended and typically more than enough to cover the average students needs.

### Meals:

Meals are served in the homestay or cafeteria. Vegetarian options are always available, but please let us know in advance if you will require a special diet, have food allergies, etc.

### Visitors and Telephone Calls:

Overnight visitors in student lodging is not allowed. If parents, friends, etc will be visiting, please contact your program advisor for help with alternative lodging for them. Students may receive telephone calls in their lodging at reasonable hours, unless there is an emergency in which case students can be contacted at any time. Phone calls can be received, also, for students at the school. Parents should keep in mind that the teen programs have very active schedules, and you may not be able to reach your teen at all times. It is better to set up occasional "phone dates" and to rely on more frequent communication by email - which is always available to students at the Center or at local internet cafes.

### Roommates:

Most of our programs give you the opportunity to have a roommate close to your age, and typically they are of another nationality. We recommend that two or more friends attending the program together opt for separate homestays, even if in homes close to each other, to allow for the unique exchange opportunity of having a roommate of another nationality, and also to encourage speaking the local language while in your homestay. Two or more friends can request lodging together, if they wish.

### Linens and Laundry:

Bed linens and towels are provided, but you may want to consider bringing a beach/pool towel. In some countries, bath towels are very small and students may prefer to bring one of their own. Laundry facilities will be provided by your host family or near the student residence.

### What to bring / pack:

We recommend that students do not bring large or heavy luggage that they cannot comfortably carry themselves. Also, students should leave some space for souvenirs and presents - very few students don't go home with more than they came with!

# PREREGISTRATION FORM – TEENSABROAD PROGRAMS

1. Complete & send to NRCSA, P.O. Box 1393, Milwaukee, WI 53201, USA • Tel. (414) 278-0631 • Fax (414) 271-8884 • Web: [www.nrca.com](http://www.nrca.com)
2. Enclose a non-refundable deposit/registration fee of \$200 per person, per program, payable to NRCSA (\$50 registration fee & \$150 program deposit applied towards the program costs).
3. Register early. Add \$50 per person late enrollment fee if paying in full within 40 days of departure.
4. Credit Cards may be used for deposits (see "H" below). NRCSA street address for overnight deliveries is 207 East Buffalo Street, Suite 610, Milwaukee, WI 53202 USA. You are welcome to photocopy this form. Please send separate form for each school if taking multiple programs.

**A. Name(s)** \_\_\_\_\_ Sex \_\_\_\_\_ Birthdate \_\_\_\_\_ Citizenship \_\_\_\_\_  
Please print  
 \_\_\_\_\_ High School \_\_\_\_\_ Yr In Sch \_\_\_\_\_

Street: \_\_\_\_\_ Tel. Home: \_\_\_\_\_  
Street address (not P.O. Box) where someone can sign for documents sent Tel. Cell: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Fax: \_\_\_\_\_  
 E-mail: \_\_\_\_\_

In Emergency, notify: \_\_\_\_\_  
(Name, Address, Phone)

**B. BACKGROUND:** \_\_\_\_\_  
Describe your background in the course you're taking abroad. Check your ability level:  Beginner  Post Beginner  
 Intermediate  Advanced

**C. LODGING:** \_\_\_\_\_  
Schools will try (cannot guarantee) to meet them. Special Diet (may be available) at additional cost.

**D. GOALS:** \_\_\_\_\_

**E. INSURANCE:** Includes prepaid study dates. To extend coverage up to 30 days before/after study dates, add \$5/day or \$19/week and advise dates.

**PREFER:**  Homestay Involvement  Freedom to Come/Go  
**ARE YOU?**  Quiet  Outgoing  Frequent Traveler  
**OBJECTIVES:**  Enrichment  Academic Credit  
**HOBBIES:**  Reading  Music  Cooking  Sports

<b>F. PROGRAM INFORMATION</b>	School/Center
Program Name (use title from Dates & Fees)	City/Country
Date: Start Program	Date: Start Lodging (most start day before)
No. of hours day/week	No. of weeks attending
Disabilities/Allergies/Health Problems	2nd Choice Program
How did you learn about NRCSA?	Social Security Number
Options (see program for choices)	

**INSURANCE INCLUDED for PRE-PAID STUDY DATES**

**ACCIDENT / MEDICAL INSURANCE UP TO \$10,000**

**EMERGENCY MEDICAL EVACUATION UP TO \$25,000**

**EMERGENCY REUNION UP TO \$5,000**

**REPATRIATION UP TO \$7,500**

**LIFE INSURANCE \$5,000**

**24 HOUR EMERGENCY WORLDWIDE-  
MULTI-LINGUAL TELEPHONE ASSISTANCE**

**H. CREDIT CARDS:**

For program deposit only (*not final payment*):  
 Amount To Charge: \$200.00 CVV Code: \_\_\_\_\_

.....  
Card Number (13 or more numbers) Exp Date

.....  
SIGNATURE (as on card) PRINT name (as on card)

**CHANGE FEES** of at least \$50 apply for each change you make. Some "changes" may result in cancellation fees.

**CANCELLATIONS** are effective the day received in writing by TeensAbroad in Milwaukee, Wisconsin, USA. All Payments, less \$200 per program plus any fees assessed by the local institution, are refundable up to 60 days prior to departure. For cancellations within 60 days of departure, \$350 per person is non refundable; within 60 days of departure, less 50% of program cost or \$400 per person (whichever is greater); within 14 days of departure, 100% of program cost is non refundable. Some cancellations may incur additional fees. Airline cancellation penalties, if any, are in addition to those outlined above. Cancellation penalties are per person, per program. Medical, baggage (above that included) and cancellation insurance is strongly recommended. Attach a note if you have a medical condition or Rx which the school should know about.

Full Terms and Conditions are available on-line at: <http://teensabroad.com/register/terms.html>.

Please, sign below that you have read and agree with the terms and conditions.

Guardian 1: \_\_\_\_\_ Guardian 2: \_\_\_\_\_ Student: \_\_\_\_\_