

International Language & Culture Programs *Designed for Teens*



## Immersion Programs for Teens

For more information please visit: [www.teensabroad.com](http://www.teensabroad.com)

NRCSA is a proud member of:



MMAC

**National Registration Center for Study Abroad**  
PO Box 1393 Milwaukee, Wisconsin 53201 USA  
Tel: (414) 278-0631 Email: [study@nrcca.com](mailto:study@nrcca.com)

## Top 7 Reasons for Teens to Study Abroad with NRCSA

**#7 Be a world traveler!** Studying abroad offers you the opportunity to experience life in another city and country other than your own. Plus, many programs include fieldtrips and travel to a variety of sites of interest outside the host city.

**#6 Learn the foreign language much faster than you would at home!** Being constantly surrounded by native speakers of the language, on average, allows students to learn, on average, about as much in 4 to 8 WEEKS in the foreign country as they do in one or two SEMESTERS of study in their home country.

**#5 Meet other high school students from around the world!** All NRCSA programs are multi-national and accept students from around the world. Many locations welcome students from as many as 20-30 countries each year!

**#4 Join a program doing things you like best!** Do you like soccer? Beach volleyball? Horseback riding? Are you into music, art, cooking, or dancing? Many teen programs offer the opportunity for students to get involved with a number of different areas of interest in addition to the study of the local language and culture.

**#3 Live with someone else's family for awhile!** It's always great to be a guest in someone's home... and experience another mom's great cooking! Many programs abroad offer students a chance to live with a "host family". Request a family with other teens your age, and the possibilities for a great time are endless. Alternatively, some teen programs offer student residence lodging (similar to a university dorm – but for high school students) instead of a homestay.

**#2 It's never too early to start building your resume!**

Applying for a job isn't the only time a diverse resume comes in handy. When you are applying to universities and colleges, any experiences that make you unique increase your chances of being accepted. Participating in school government and clubs, sports, volunteer work, and all types of international experiences all look great on your application form... and the more you've done when it comes time to apply, the better.

**#1 You don't have to spend the summer bored, or worse, in a summer school math class!**

This summer, do something different, get ahead in school, and have an awesome time!

# TEENSABROAD.COM

## Why Send Your Son or Daughter to Study Abroad with NRCSA?

*NRCSA is one of the most experienced and longest operating private US providers of foreign immersion language & culture training for teens.*

- Since 1968, NRCSA has provided language, culture and recreational programs to over 25,000 teens at 40 approved centers worldwide.
- NRCSA provides a level of service, program customization, expertise, and overall results not available through other sources of foreign language and culture training.
- NRCSA staff have visited and evaluated thousands of language schools offering teen and other language and culture programs around the world, and only utilize those we consider the best based on our evaluative methods. Program quality and participant satisfaction are of vital importance to NRCSA and our consortium schools.
- Over 500 US and Canadian high schools and universities currently have formal programs with NRCSA and its consortium schools. Teachers from over 800 school districts, staff from approximately 1,400 corporations, and personnel from over 75 US government and nongovernmental organizations have attended NRCSA programs.
- We appreciate that different people have different priorities when studying abroad, and we look forward to assisting you and your son or daughter in achieving your shared objectives.

## NRCSA IN THE MEDIA

*"Placing people in programs suited to their special interests is the aim of the National Registration Center for Study Abroad."*

- The New York Times

*"Vacations involving language study allow travelers to immerse themselves in a culture in a way that a traditional vacation may not... The National Registration Center for Study Abroad can help you choose a language program that is right for you."*

- San Francisco Examiner

*"But the beauty part of (NRCSA) is that it shines light on things the average American traveler would be unlikely to learn about any other way."*

- Boston Globe



## Supervised Teen Study Program in Vejer de la Frontera, Spain

**For Ages: 13 - 17 years old**  
**Beginner to Advanced Spanish**  
**Supervised Program**

This summer course takes place in a building that is designed for 14 to 17 year olds. It offers them the chance to study Spanish in a safe environment near some of Spain's most beautiful beaches.

The program includes intensive Spanish language courses in the mornings followed by a varied program of activities in the afternoon. The activities include sports, parties, visits to places of local interest and the beach and a full day excursion on Saturdays. The Summer Teen Program combines two fundamental aspects: the suitability of Vejer de la Frontera for this type of program and quality of the teaching specifically designed for teens.

The quality of the teaching is demonstrated both by its recognition from the two most important educational institutions in Spain the Cervantes Institute and the University of Alcalá. The syllabus followed in the Junior Course has been developed with adolescents in mind, and is completely focused on the development of the students linguistic skills. Students are taught from day one how to communicate in Spanish in an effective way. All of the activities have designed to complement the classroom activities.

The teachers' goal is to help the student intensively develop their reading, writing and speaking skills in a friendly atmosphere. Rather than passively receiving lectures, students actively participate in the classroom learning experience. All teachers have excellent training, and years of experience in teaching Spanish to non-native speakers.

One of the characteristics that makes this program stand out is its intimate family atmosphere in the classes. This enables students to learn about the Spanish language and culture in a pleasant and effective manner. The subjects of the classes are directed towards the interests and needs of the teen students. Currently there are four different levels of classes:

- I. **A1 Beginners.** Students who have never studied Spanish before begin to understand basic structures and vocabulary and to take part in general conversation.
- II. **A2 Elementary.** Students who have already studied some Spanish can add to their knowledge with more vocabulary, practice more complicated structures and above all, speak and understand with greater ease.
- III. **B1 Intermediate.** Students who have been studying Spanish for some time can enter into more advanced structures, read and write with greater fluency and understand native speakers more easily.
- IV. **C1 Advanced.** Students are able to perfect their Spanish, fill in the remaining gaps in vocabulary and grammar and practice the four main linguistic skills reading, writing, listening, speaking...

### Activities & Excursions

Activities and excursions are a fundamental part of the teen program. They give the students a chance to experience the Spanish culture, meet their peers, and enjoy the beautiful Spanish Summer. They activities in the program are put together in conjunction with the teachers to ensure that all of the activities are well chaperoned and to help students with any language needs that may arise. This gives the students a chance to enjoy their free time, and it reinforces what they learned in the classroom.

### The following are representative the student activities:

- **Beach Activities** Making the most of the fact that we are very close to the Atlantic beaches of El Palmar and Los Caños de Meca, which are famous for their size and cleanliness, we organize mini-courses of various sports like canoeing, kitesurf and windsurf and also excursions to other beaches of interest.
- **Walks and Bicycle Rides** Since Vejer has very beautiful natural surroundings, the school organizes walks in order for students to get to know the town and the nearby countryside, particularly the natural parks and the historical sites of the Roman aqueduct at Santa Lucía and the Visigoth chapel at San Ambrosio. Some of these outings are made on foot and others by bicycle. We can also arrange horse-riding for students who are interested
- **Excursions** In order for students to get to know at first-hand the most interesting cities and natural spaces in the area, we arrange a series of excursions to places like Seville, Granada, Cordoba, Ronda, Cadiz, Tarifa and Jerez. We also arrange visits to the local natural parks of el Pinar de Barbate, Los Alcornocales and Grazalema.
- **Cooking Classes** Our students learn to cook (and practice their Spanish) with the help of mothers from Vejer families who teach them how to make a paella or how to toss a tortilla. Afterwards, it's off to the garden to eat it!
- **Music Workshops** Our flamenco teachers and other musicians are specialized in the teaching of percussion and rhythm using games.

### Quick Facts

**Start:** June and August

**Age:** 13-17

**Cost:** \$ 1,695

**Num. Weeks:** 2 - 4

**Levels:** Beginner to Advanced

The program has an extensive social, culture and activity program for the teens.

Quiet small town, close to the ocean

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Excursions and field trips included in Teen Program.



- **Dance Workshops** These are mini-courses designed to introduce students to sevillanas and the rhythm of salsa, so that they can have a good time after class and between beach trips. Later, during the parties, students can show what they have learned.
- **Sports Activities** In order for our students to get to know the young people of Vejer, we organise a series of sports activities with the local youth club at the Sports Center: football, basketball and volleyball.
- **Juggling Workshop** Students first learn to make their own juggling balls, clubs and cariocas with the course leader and then to juggle.
- **Gymkhana** An ideal game for getting to know the old town center and more of the history of Vejer and to practice Spanish with people in the street. And also to have a good time. Young people love to play this game in Vejer's narrow streets.
- **Cultural Talks** These talks are adapted to the level of Spanish and the knowledge of Spanish culture of our students. There are talks about history and art, and also about current affairs and subjects which are of interest to young people
- **Story-telling and Theatre Activities** to join in with to practice the language and to have a good time with professional performers who tell funny and exciting stories or put on plays in the school garden.
- **Spanish Cinema** We select and show some of the best Spanish and Hispanic films and later discuss them with the students
- **Mosaic Workshop** An experienced teacher gives this workshop in the school garden. Students are able to learn the basic techniques of mosaics and at the end they have something to take home.

### Accommodations - Homestay with a Costa Rican Family

Teens attending the Summer program will be boarded with specially selected host families. This give the student a unique opportunity to experience the Spanish culture. The host family will provide you with your own room, and meals will be served to you home with your host family (3 meals a day are included). The living room and the bathroom will be shared with the other members of the family. The kitchen is generally reserved for the host mother who prepares food for everyone. You will also have access to the terrace, patio, balcony or azotea (the roof), if the house has one. Laundry service is provided once a week.



There are different types of families: smoking and non-smoking, with children or teenagers at home, quieter families, vegetarian, with pets and without. We also have some wonderful host families who live in the country not far from Vejer. For these families, transport is essential. Be sure to include your preferences when you register.

### Included in the Program

- 4 hours of Spanish classes per day in multinational groups of up to 12 students.
- Full board in double room with selected Spanish Host families.
- Full Social Program (see below for details).
- Laundry Services
- All teaching materials, tests and certificates.
- Free internet and e-mail access.
- Airport transfers to and from Jerez are included in the price and Seville and Malaga airport transfers may be shared at reduced rates.
- NRCSA Emergency insurance (during dates in the foreign country):
  - Accident insurance up to \$10,000
  - Emergency medical evacuation up to \$25,000
  - Emergency reunion up to \$5,000
  - Repatriation up to \$7,500
  - Life insurance up to \$5,000
  - 24 Hour emergency worldwide multi-lingual telephone assistance.



### 2009 Start Dates

- This program starts on June 1, July 6 and August 3, 2009
- Students who are not able to start on these dates—and who are not beginners—may join the Institute only the second or third Monday after the indicated starting dates. Classes are set up on a weekly basis, Monday to Friday. Students starting later than Monday will be missing classes that cannot be made up. No Classes Will Be Held On July 22; August 12

### 2009 Program Fees

- 2 weeks: \$ 1,695
- 3 weeks: \$ 2,295
- 4 weeks: \$ 2,895

### Vejer de la Frontera, Spain - City Info

Vejer de la Frontera is a small town near the sea (the nearest beach is eight kilometres away) that has preserved all the feeling and style of an Andalusian town. Vejer still maintains a balance between the cultural and leisure activities and the safety and peacefulness of its streets. Making the most of Vejer's geographical situation, with our teachers and group leaders we organise all sorts of sports activities, on the beach (canoes, kitesurf, windsurf), in the surrounding countryside (walks, bicycle rides and horse-riding) and in Vejer itself (sports activities with young people from Vejer).

**TeensAbroad.com by NRCSA**

P.O. Box 1393 Milwaukee, WI 53201 USA

**Tel:** (202) 338-5927 **Fax:** (414) 271-8884 **E-Mail:** [study@teensabroad.com](mailto:study@teensabroad.com)

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## Summer Teen Program | Vejer de la Frontera, Spain

### Arrival Date:

Students can arrive any time on the arrival day listed on their invoice - this day is usually the Sunday before the first day of class. If you will need to arrive earlier, please advise your program coordinator as early as possible. Additional nights of lodging and insurance, if any, will be at an additional cost.

More information about the arrival day, arrival transfer procedure, etc will be sent prior to departure.

### Departure Date:

Lodging typically ends the Saturday after the last day of class. If you will need to depart later, please advise as early as possible. Additional nights will be at an additional cost.

### Travel Documents:

- Valid Passport
- A minor (under 18 years old) traveling alone must carry notarized permission signed by both parents. In the event of death, divorce or non-marital status, substantiating and notarized documentation must be carried, (i.e. Death Certificate, divorce decree, legal guardianship, etc.), with the legal guardian signing the notarized permission.

### Airline Ticket:

Two resources for discounted student air tickets are:

- Exitó Travel: 800-655-4053
- Student Travel Association: 800-781-4040

### Orientation - First day of Class:

On Monday morning, the first day of classes, students will all attend an orientation session. At the orientation, students will take a tour of the campus and learn more about the resources of the NRCSA Center and city, go over schedules and procedures, meet all the staff, take language placement exam to determine class placement, and do activities to help build a sense of community within the student body and help students to get to know each other. Since the first week in a foreign country is always the biggest adjustment, it is best that all students arrive in the foreign country in time to be able to attend the orientation and first day of classes - late arrivals are not recommended.

### Curfew:

Students must respect their curfew, additional information to follow before departure.

### Parental Permission:

This form must be carried with the student as part of his/her traveling papers. BOTH PARENTS MUST SIGN. If through death, divorce or non-marital status there is only one parent, a substantiating document must be carried (i.e. Death Certificate, legal guardianship, or divorce papers).

### Pocket Money:

Students should bring with them (via traveler's checks or ATM card for bank withdrawals) an allowance for personal expenses, local transportation, shopping and other miscellaneous expenses. The teen programs include 3 meals per day. This means additional money for food specifically is not needed, unless students want to buy snacks, bottled water while on an excursion, etc. Parents are free to give their children any amount of money they consider appropriate, as a guideline, \$75-100 USD per week is recommended and typically more than enough to cover the average student's needs.

### Meals:

Meals are served in the homestay or cafeteria. Vegetarian options are always available, but please let us know in advance if you will require a special diet, have food allergies, etc.

### Visitors and Telephone Calls:

Overnight visitors in student lodging is not allowed. If parents, friends, etc will be visiting, please contact your program advisor for help with alternative lodging for them. Students may receive telephone calls in their lodging at reasonable hours, unless there is an emergency in which case students can be contacted at any time. Phone calls can be received, also, for students at the school. Parents should keep in mind that the teen programs have very active schedules, and you may not be able to reach your teen at all times. It is better to set up occasional "phone dates" and to rely on more frequent communication by email - which is always available to students at the Center or at local internet cafes.

### Roommates:

Most of our programs give you the opportunity to have a roommate close to your age, and typically they are of another nationality. We recommend that two or more friends attending the program together opt for separate homestays, even if in homes close to each other, to allow for the unique exchange opportunity of having a roommate of another nationality, and also to encourage speaking the local language while in your homestay. Two or more friends can request lodging together, if they wish.

### Linens and Laundry:

Bed linens and towels are provided, but you may want to consider bringing a beach/pool towel. In some countries, bath towels are very small and students may prefer to bring one of their own. Laundry facilities will be provided by your host family or near the student residence.

### What to bring / pack:

We recommend that students do not bring large or heavy luggage that they cannot comfortably carry themselves. Also, students should leave some space for souvenirs and presents - very few students don't go home with more than they came with!

# PREREGISTRATION FORM – TEENSABROAD PROGRAMS

1. Complete & send to NRCSA, P.O. Box 1393, Milwaukee, WI 53201, USA • Tel. (414) 278-0631 • Fax (414) 271-8884 • Web: [www.nrca.com](http://www.nrca.com)
2. Enclose a non-refundable deposit/registration fee of \$200 per person, per program, payable to NRCSA (\$50 registration fee & \$150 program deposit applied towards the program costs).
3. Register early. Add \$50 per person late enrollment fee if paying in full within 40 days of departure.
4. Credit Cards may be used for deposits (see "H" below). NRCSA street address for overnight deliveries is 207 East Buffalo Street, Suite 610, Milwaukee, WI 53202 USA. You are welcome to photocopy this form. Please send separate form for each school if taking multiple programs.

**A. Name(s)** \_\_\_\_\_ Sex \_\_\_\_\_ Birthdate \_\_\_\_\_ Citizenship \_\_\_\_\_  
Please print  
 \_\_\_\_\_ High School \_\_\_\_\_ Yr In Sch \_\_\_\_\_

Street: \_\_\_\_\_ Tel. Home: \_\_\_\_\_  
Street address (not P.O. Box) where someone can sign for documents sent Tel. Cell: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Fax: \_\_\_\_\_  
 E-mail: \_\_\_\_\_

In Emergency, notify: \_\_\_\_\_  
(Name, Address, Phone)

**B. BACKGROUND:** \_\_\_\_\_  
Describe your background in the course you're taking abroad. Check your ability level:  Beginner  Post Beginner  
 Intermediate  Advanced

**C. LODGING:** \_\_\_\_\_  
Schools will try (cannot guarantee) to meet them. Special Diet (may be available) at additional cost.

**D. GOALS:** \_\_\_\_\_

**E. INSURANCE:** Includes prepaid study dates. To extend coverage up to 30 days before/after study dates, add \$5/day or \$19/week and advise dates.

**PREFER:**  Homestay Involvement  Freedom to Come/Go  
**ARE YOU?**  Quiet  Outgoing  Frequent Traveler  
**OBJECTIVES:**  Enrichment  Academic Credit  
**HOBBIES:**  Reading  Music  Cooking  Sports

<b>F. PROGRAM INFORMATION</b>	School/Center
Program Name (use title from Dates & Fees)	City/Country
Date: Start Program	Date: Start Lodging (most start day before)
No. of hours day/week	No. of weeks attending
Disabilities/Allergies/Health Problems	2nd Choice Program
How did you learn about NRCSA?	Social Security Number
Options (see program for choices)	

**INSURANCE INCLUDED for PRE-PAID STUDY DATES**

**ACCIDENT / MEDICAL INSURANCE UP TO \$10,000**

**EMERGENCY MEDICAL EVACUATION UP TO \$25,000**

**EMERGENCY REUNION UP TO \$5,000**

**REPATRIATION UP TO \$7,500**

**LIFE INSURANCE \$5,000**

**24 HOUR EMERGENCY WORLDWIDE-  
MULTI-LINGUAL TELEPHONE ASSISTANCE**

**H. CREDIT CARDS:**

For program deposit only (*not final payment*):  
 Amount To Charge: \$200.00 CVV Code: \_\_\_\_\_

.....  
Card Number (13 or more numbers) Exp Date

.....  
SIGNATURE (as on card) PRINT name (as on card)

**CHANGE FEES** of at least \$50 apply for each change you make. Some "changes" may result in cancellation fees.

**CANCELLATIONS** are effective the day received in writing by TeensAbroad in Milwaukee, Wisconsin, USA. All Payments, less \$200 per program plus any fees assessed by the local institution, are refundable up to 60 days prior to departure. For cancellations within 60 days of departure, \$350 per person is non refundable; within 60 days of departure, less 50% of program cost or \$400 per person (whichever is greater); within 14 days of departure, 100% of program cost is non refundable. Some cancellations may incur additional fees. Airline cancellation penalties, if any, are in addition to those outlined above. Cancellation penalties are per person, per program. Medical, baggage (above that included) and cancellation insurance is strongly recommended. Attach a note if you have a medical condition or Rx which the school should know about.

Full Terms and Conditions are available on-line at: <http://teensabroad.com/register/terms.html>.

Please, sign below that you have read and agree with the terms and conditions.

Guardian 1: \_\_\_\_\_ Guardian 2: \_\_\_\_\_ Student: \_\_\_\_\_